

POOLE 2010 Festival OF RUNNING

Sunday 6th June 2010

10am start • Poole Park

Main Charity: Poole Hospital's Maternity Appeal



- Memento to all finishers • Entries accepted on race day • Trophies for winning girls and boys in each age group • Additional family entertainment throughout the day

POOLE HOSPITAL CHARITY

Newton
Magnus

Poole
runners



Lucozade SPORT

St John
Ambulance



Condorferries

For more information: www.poolerunners.com



Certified course with SEAA race permit number (5k race only)

Start position for 2010 near Mezza Luna

Race numbers will be sent out in May

There are three race distances - please tick appropriate box

- 10.00am (girls) 1 mile 8/9 years
- 10.15am (boys) 1 mile 8/9 years
- 10.30am (girls) 1 mile 10/11 years
- 10.45am (boys) 1 mile 10/11 years
- 11.00am (mixed) 1.5 miles 12-14 years incl.
- 11.30am (mixed) 5k 15-17 years incl. (EA club members only)

If you are not a member of an athletics club and are over 15, you can enter the Born to Run 5k race.

Surname

First Name

Address

Post code

Tel. incl std.

Parent/guardian's email:

PLEASE READ CAREFULLY AND SIGN BELOW

- 1** I agree to abide by the regulations governing the Festival of Running Minithon fun runs.
- 2** I intend to compete entirely at my own risk.
- 3** I will be under the age of 18 years on 6 June 2010.
- 4** I certify that I will not participate unless I am fit to compete in the Festival of Running Minithon fun runs. Furthermore, I agree that the organisers will not be held responsible for any injury, loss or illness incurred as a consequence of my participation.
- 5** Children under 8 years of age are not permitted to enter.
- 6** State medical conditions eg. Asthma
- 7** Are you a wheelchair entrant? Yes No

Signature

Date

Parent/Guardian Signature

EA Reg no. (applicable for 5K race only)

To run as part of a Team and to be eligible for a trophy enter Team name here

School teams or non affiliated athletic club teams permitted. Only first 3 of team eligible for trophy.

Male Female

D.O.B.

Age on race day

Fee £5 per entry or £4 for Access to Leisure and Learning (ATL&L) card holders:

ATL&L card no. (if applicable)

I enclose cheque/PO for entry fee of £

Cheques made payable to **POOLE RUNNERS F.O.R.**

Please post cheque and entry form to:

Poole Festival of Running
Borough of Poole
30-32 Northmead Drive Poole,
Dorset BH17 7RP

Enquiries: 01202 261318
Email: minithons@poole.gov.uk

Entries received after 21st May will not be posted - collect on day
Photocopy entries of this form are acceptable
Details: www.poolerunners.com

Data Protection Act

By submitting this entry I agree that the organisers may store my entry details and results on computer disk for the purpose of the race. I also agree that photographic and video footage may be taken by authorised personnel for both marketing purposes and the BOP website.

Under England Athletic rules the use of MP3 players and similar devices are not permitted whilst running for reasons of health and safety.