



POOLE HOSPITAL CHARITY

Newton Magnus



Born to Run 5k

(Supporting Poole Hospital's Maternity Appeal)

2010

Sunday 6th June 2010 • 11.30am • Poole Park •

Licence No. 20090025

A flat, accurately measured two lap course within Poole Park.

Race run under EA rules. Ideal for beginners. Other races on the day include a variety of children's races, Poole 10k and Police Sport UK SW Region Championship race.

- Changing facilities
- Toilets
- Refreshments
- Beer Tent

Standard level of medical cover provided.

Prizes for 1st - 3rd, men and women and 1st under U21 man and woman.

Entries accepted on race day

- additional family entertainment throughout the day.

Course Measurement Cert. EA 09/029

Entry limited to 300. Enter early to avoid disappointment.

Entry Fees

- £4.00 EA registered club members
- £6.00 non registered runners
- £1.00 extra on race day (subject to places being available)

Race information and numbers will be sent out in May.

Entries received after 21st May will not be posted - collect on day.

Details and race results: www.poolerunners.com

Enquiries: 01202 240214 (pm only)

For Minithons: 01202 261318

It is regretted that the course is unsuitable for wheelchairs.

Please note:

Under EA rules the use of MP3 Players and similar devices are not permitted whilst running for health and safety. By entering this event you agree that photographic and video footage may be taken by authorised personnel for both marketing purposes and the BoP website.

TEAR OFF HERE

Born to Run 5k - for 15yrs or over

Surname

Male Female

First Name

D.O.B

Address

Age on race day

EA first claim affiliated club

Post code

Reg. No.

Tel. incl std.

State medical conditions eg. Asthma

Email Address

I declare that I intend to run entirely at my own risk and confirm that the organisers shall not be liable for any accident, injury, loss or damage as a consequence of my participation. I am an amateur and will abide by the EA rules for competitor. I confirm that I will be 15 years old or over by the day of the race.

Entry fees not refundable

Data Protection Act

By submitting this entry form I agree that the organisers may store my entry details and results on computer disk for the purpose of race administration.

Signature

Date

Photocopy entries of this form are acceptable

I enclose a cheque/PO payable to

POOLE RUNNERS F.O.R.

entry fee £

I enclose a voluntary contribution £

for Poole Hospital

Total £

Please post cheque/PO and entry form to:

Poole Festival of Running
Borough of Poole
30 -32 Northmead Drive
Poole, Dorset BH17 7RP

Alternatively enter online at: www.poolerunners.com